



Leigh's School of Dance

Competition Team

Summer Intensive Schedule

July 20th – August 6th

Monday

| | | | |
|-----------|-------------------------|-----------|-------------------------|
| 5:00-6:00 | Ballet 2 | 5:00-6:30 | Ballet 4 |
| 6:00-7:00 | Leaps & Turns 2 | 6:30-7:00 | Stretch/ Conditioning 4 |
| 7:00-7:30 | Contemporary/ Lyrical 2 | 7:00-8:00 | Contemporary/ Lyrical 4 |
| 7:30-8:00 | Choreo Combo * | | |

Tuesday

| | | | |
|-----------|----------------|-----------|---------------------|
| 5:15-6:00 | Tap3 | 4:30-5:15 | Tap 5 |
| 6:00-7:00 | Ballet 3 | 5:15-6:30 | Ballet 5 |
| 7:00-8:00 | Leaps/ Turns 3 | 6:30-7:00 | Pointe Variations 5 |
| 8:00-8:30 | Hip Hop 3* | 7:00-8:00 | Leaps/ Turns 5 |

Wednesday

| | | | |
|-----------|-------------------------|-----------|-------------------------|
| 4:30-5:15 | Tap 4 | 5:00-6:30 | Ballet 5 |
| 5:15-7:00 | Ballet/ Pointe 4 | 6:30-7:00 | Stretch/ Conditioning 5 |
| 7:00-8:00 | Leaps/ Turns 4 | 7:00-8:00 | Contemporary/ Lyrical 5 |
| | | | |
| 5:30-6:00 | Tap 1 | 5:30-6:30 | Leaps/Turns 3 |
| 6:00-7:00 | Ballet 1 | 6:30-7:30 | Contemporary/ Lyrical 3 |
| 7:00-7:30 | Contemporary/ Lyrical 1 | | |
| | | 6:30-7:30 | Introduction Ages 5-8 |

Thursday

| | | | |
|-----------|------------------------------|-----------|----------------------------|
| 5:00-6:00 | Acro 1 * | 4:30-5:00 | Tap 2 |
| 6:00-7:00 | Leaps/Turns 1 | 5:00-6:00 | Jazz/ Hip Hop 2 |
| 7:00-7:30 | Jazz/ Hip Hop 1 | 7:00-8:00 | Acro 2 * |
| | | | |
| 5:30-6:30 | Stretch/ Conditioning 3 | 4:30-5:00 | Hip Hop 4/5 * |
| 6:30-7:00 | Jazz/ Musical Theater 3 | 5:00-6:00 | Leaps/Turns 5 |
| 7:00-7:45 | Acro 3 / 4 * | 6:00-7:00 | Jazz/ Musical Theater 5 |
| 7:45-8:30 | Contemporary/ Lyrical 3 / 4* | 7:00-7:45 | Contemporary/ Lyrical 5 * |
| | | 7:45-8:30 | Acro 5 * |
| 5:00-6:00 | Leaps/Turns 4 | | |
| 6:00-7:00 | Jazz/ Musical Theater 4 | 7:00-8:30 | Introduction Ages 9 and Up |

Required Classes:

Introduction – Intro level students are only required to take one into class during the week.

Level 1 – Required to take classes on both Wednesday and Thursday

Level 2 – Required to take classes on both Monday and Thursday

Level 3 – Required to take classes on Tuesday and 1 additional day

Level 4 - Required to take classes on Wednesday and 1 additional day

Level 5 – Required to take classes on Tuesday and 1 additional day

Pay Scale:

| | | | | |
|-----------|-------|--|-----------|-------|
| .5 Hour | \$35 | | 5.5 Hours | \$190 |
| 1 Hour | \$55 | | 6 Hours | \$205 |
| 1.5 Hours | \$70 | | 6.5 Hours | \$220 |
| 2 Hours | \$85 | | 7 Hours | \$235 |
| 2.5 Hours | \$100 | | 7.5 Hours | \$250 |
| 3 Hours | \$115 | | 8 Hours | \$265 |
| 3.5 Hours | \$130 | | 8.5 Hours | \$280 |
| 4 Hours | \$145 | | 9 Hours | \$295 |
| 4.5 Hours | \$160 | | 9.5 Hours | \$310 |
| 5 Hours | \$175 | | 10+ Hours | \$325 |

Class Descriptions and Required Attire:

Ballet - Ballet is the foundation of dance. Students will learn proper technique, terminology, and alignment.

Attire: Pink ballet shoes, pink tights that go in ballet shoes, black leotard, hair secured neatly into a bun.

Leaps and Turns – Dancers will learn proper jazz technique for pirouettes, battements, leaps, etc. while improving strength and flexibility,

Attire: Form fitting dance attire such as a leotard, booty shorts, sports bra, leggings, etc., jazz shoes are required.

Tap – Develops rhythm, musicality, and coordination.

Attire: Dance clothes that are comfortable and moveable. Full sole tap shoes are preferred.

Contemporary/ Lyrical – Dancers will be introduced to different methods of modern technique, strength, and agility,

Attire: Form fitting dance attire such as leotard, booty shorts, sports bra, leggings, etc.

Hip Hop – An energetic and fast paced class that introduces different hip hop styles and movement.

Attire: Dance attire that is comfortable and moveable. Any type of sneakers are required.

Stretch and Conditioning – Focused on strength training, cross training and improving overall flexibility to enhance their technique even farther.

Acro – Acro class helps build dancers strength and flexibility while learning acrobatic skills they can utilize in dances.

Attire: Dance clothes that are comfortable and moveable.

Jazz/ Musical Theater – This class focuses on different jazz styles from commercial dance to Broadway jazz.

Attire: Form fitting dance attire such as a leotard, booty shorts, sports bra, leggings, etc., jazz shoes are required.

Introduction – Dancers will be introduced to competitive level dancing in tap, ballet, and jazz.

Attire: Black leotard, pink tights with hair in a bun. Leggings or shorts are allowed for tap and jazz.