



# Leigh's School of Dance

## Summer Intensive Schedule

July 19<sup>th</sup>- August 12<sup>th</sup>

Monday			
4:30-5:00	Tap 4	5:00-6:00	Ballet 2
5:00-6:30	Ballet 4	6:00-7:00	Leaps & Turns 2
6:30-7:00	Pointe Variations 4	7:00-7:30	Contemporary/Lyrical 2
7:00-8:00	Leaps & Turns 4	7:30-8:00	Hip Hop 2*

Tuesday			
4:30-5:00	Tap 3	4:30-5:00	Tap 5
5:00-6:30	Ballet 3	5:00-6:30	Ballet 5
6:30-7:00	Pre-Pointe 3	6:30-7:00	Pointe Variation 5
7:00-8:00	Leaps/Turns 3	7:00-8:00	Leaps & Turns 5

Wednesday			
4:30-5:00	Stretch/Pilates 4/5*	4:30-5:00	Stretch & Pilates 3
5:00-6:30	Ballet Pointe 4/5	5:00-6:30	Ballet 3
6:30-7:30	Stylized Jazz 4/5	6:30-7:00	Stylized Jazz 3
7:30-8:00	Hip Hop 4/5*	7:00-7:30	Hip Hop 3*
5:00-5:30	Tap 1		
5:30-6:30	Ballet 1	5:00-6:00	Intro HipHop/Jazz 5-8yrs
6:30-7:00	Lyrical/Contemporary 1	6:00-7:00	Intro HipHop/Jazz 9 and Up

## Thursday

4:30-5:00	Stretch/Pilates 5/4*	4:30-5:00	Tap 2
5:00-6:30	Ballet Pointe 5/4	5:00-6:00	Leaps/Turns 2
6:30-7:30	Contemp/Lyrical 5/4 (Level 3*)	6:00-7:00	Stylized Jazz 1/2
7:30-8:30	Acro 5/4/3*	7:00-7:30	Acro 1/2*
		4:30-5:00	Hip/Hop 1*
5:30-6:30	Intro 5-8yrs Ballet and Tap	5:00-6:00	Leaps & Turns 1
6:30-7:45	Intro 9 and Up Ballet/ Leaps & Turns/Tap	6:00-7:00	Stylized Jazz 1/2
		7:00-7:30	Acro 1/2*

### Class

### Class Description

### Required Attire

<b>Ballet</b>	Ballet is the foundation of dance. Students will learn proper technique, terminology, and alignment.	Pink Ballet shoes, Pink tights that go in ballet shoes, Black leotard, Hair secured neatly into bun. *Wed & Thurs. Level 5 & 4 Ballet classes may wear any color leotard.*
<b>Leaps &amp; Turns</b>	Dancers will learn proper jazz technique for pirouettes, battements, leaps, etc. while improving strength and flexibility,	Form fitting dance attire such as a leotard, booty shorts, sports bra, leggings, etc., jazz shoes are required.
<b>Tap</b>	Develops rhythm, musicality, and coordination.	Dance clothes that are comfortable and moveable. Full sole tap shoes are preferred.
<b>Contemporary / Lyrical</b>	Dancers will be introduced to different methods of modern technique, strength, and agility,	Form fitting dance attire such as leotard, booty shorts, sports bra, leggings, etc.
<b>Hip Hop</b>	An energetic and fast paced class that introduces different hip hop styles and movement.	Dance attire that is comfortable and moveable. Sneakers with ties required.
<b>Acro</b>	Acro class helps build dancers strength and flexibility while learning acrobatic skills they can utilize in dances.	Dance clothes that are comfortable and moveable.
<b>Stylized Jazz</b>	This class focuses on different jazz styles from commercial dance to Broadway jazz.	Form fitting dance attire such as a leotard, booty shorts, sports bra, leggings, etc., jazz shoes are required.

<b>Pointe</b>	This class is teacher approved and is continuing education in advanced ballet.	Pink Ballet shoes, Pink tights that go in ballet shoes, Black leotard, Hair secured neatly into bun. May wear a skirt.
<b>Pointe Variations</b>	Teacher Approved* Will learn solo variations from classical ballets to improve upon advanced ballet/pointe technique.	Same as pointe, may wear practice tutu if dancer has one.
<b>Intro Hip Hop/Acro</b>	Mix of Acro and Hip Hop class. Optional for intro to comp dancers to add on in addition to Intro to Comp technique.	Acro attire and Hip Hop shoes
<b>Intro to Comp Technique</b>	Dancers will be introduced to competitive level dancing in tap, ballet and jazz.	Black Ballet Attire with leggings shorts to go over Ballet, Tap, and Jazz Shoes
<b>Stretch Pilates</b>	Stretch & conditioning w/Pilates technique to elongate & strengthen muscle and core.	Tight fitting dance clothes bare feet. *May bring yoga/pilates mat if you have one*

## Required Classes:

**Introduction-** Intro level students are only required to take Wednesday and Thursday and Acro 1/2, Hip Hop 1 is optional to add on!

**Level 1-** Required to take classes on both Wednesday and Thursday, 4 Hours Total~ Acro and Hip Hop are optional to add on!

**Level 2-** Required to take classes on both Monday and Thursday, 5 Hours Total~

**Level 3-** Required to take classes on Tuesday and Wednesday, 6 1/2 Hours Total~ Thursday is optional but recommended!

**Level 4-** Required to take classes on Monday, Wednesday and Thursday, 10.5 Hours Total~ Must take 1 Stretch/Pilates Class~ Acro and Hip Hop are optional to add on!

**Level 5-** Required to take classes on Tuesday, Wednesday and Thursday, 10.5 Hours Total~ Must take 1 Stretch/Pilates Class~ Acro and Hip Hop are optional to add on!

## **\*Optional Classes**

## Pay Scale:

.5 Hour	\$40	5.5 Hours	\$190
1 Hour	\$60	6 Hours	\$205
1.5 Hours	\$90	6.5 Hours	\$220
2 Hours	\$100	7 Hours	\$235
2.5 Hours	\$125	7.5 Hours	\$250
3 Hours	\$135	8 + Hours	\$265
3.5 Hours	\$145	8.5 Hours	\$280
4 Hours	\$150	9 Hours	\$295
4.5 Hours	\$160	9.5 Hours	\$310
5 Hours	\$175	10+ Hours	\$325

\* = Optional Class

Password for online enrollment LSOD