

**Leigh’s School of Dance**

 **Competition Team Schedule**

 July 11th - August 4th

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|  | Mo | nday  |  |
| 4:30-5:00 | Senior Tap  |  4:30-5:00 |  Junior 1 Tap |
| 5:00-6:30 | Senior Ballet/Pointe | 5:00-6:00 |  Junior 1 Ballet |
| 6:30-7:00 | Senior Variations  | 6:00-7:00 |  Junior 1 Leaps and Turns |
| 7:00-8:00 | Senior Contemporary/Lyrical  | 7:00-7:30 |  Junior 1 Contemporary Lyrical  |
|  |  | 7:30-8:00 | Junior 1 Jazz |

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|  | Tue | sday  |  |
| 4:30-5:00 | Teen Tap | 4:30-5:00 | Junior 2 Tap |
| 5:00-6:30 | Teen Ballet/Pointe | 5:00-6:00 | Junior 2 Ballet |
| 6:30-7:00 |  Teen Variations | 6:00-7:00  | Junior 2 Leaps and Turns |
| 7:00-8:00 | Teen Contemporary / Lyrical  | 7:00-7:30 |  Junior 2 Contemporary  |
|  |  | 7:30-8:00 |  Junior 2 Hip Hop |

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|  | Wednesday  |  |
| 4:30-5:30 | Teen/Senior Acro\* | 4:30-5:00  | Petite 1 Tap  |
| 5:30-6:30  | Teen/Senior Leaps & Turns | 5:00-6:00 | Petite 1 Ballet/Lyrical |
| 6:30-7:30 | Teen/Senior Jazz/Hip Hop | 5:00-5:30 | Petite 2 Tap |
| 7:30-8:00 | Teen/Senior Heels Class | 5:30-6:00 | Petite 2 Acro  |
|  |  |  |  |
|  |  | 5:30-6:30 | Intro 5-8yrs Ballet/Tap |
|  |  | 6:30-8:00 | Intro 9 and Up |

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|  | Thursday  |  |
| 5:00-5:30 | Teen/Senior Stretch Pilates\* | 5:00-5:30 | Petite 1 Hip Hop |
| 5:30-6:30 | Teen/Senior Leaps/Turns\* | 5:30-6:00 | Petite 2 Hip Hop |
| 6:30-7:00 | Teen/Senior MT/Choreo\* | 6:00-6:30 | Petite 2 Lyrical/Contemporary |
| 7:00-8:00 | Teen/Senior Acro\* | 7:00-7:30 | Petite 2 Leaps & Turns |
|  |  |  |  |
| 6:30-7:00 | Junior 2 Acro |  5:30-6:30 | Petite 1 AND Intro 5-8 Ballet/Tap |
| 6:30-7:00 | Junior 1 Leaps & Turns |  6:30-8:00 | Intro 9&Up Ballet/Leaps Turns/Tap |
| 7:00-8:00 | Junior 1&2 Choreo Combo |  |  |

 **Class Class Description Required Attire**

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| Ballet | Ballet is the foundation of dance. Students will learn proper technique, terminology, and alignment.  | Pink Ballet shoes, Pink tights that go in ballet shoes, Black leotard, Hair secured neatly into bun. \*Wed & Thurs. Level 5 & 4 Ballet classes may wear any color leotard.\* |
| Leaps & Turns | Dancers will learn proper jazz technique for pirouettes, battements, leaps, etc. while improving strength and flexibility,  | Form fitting dance attire such as a leotard, booty shorts, sports bra, leggings, etc., jazz shoes are required. |
| Tap | Develops rhythm, musicality, and coordination.  | Dance clothes that are comfortable and moveable. Full sole tap shoes are preferred. |
| Contemporary / Lyrical | Dancers will be introduced to different methods of modern technique, strength, and agility,  | Form fitting dance attire such as leotard, booty shorts, sports bra, leggings, etc. |
| Hip Hop | An energetic and fast paced class that introduces different hip hop styles and movement. | Dance attire that is comfortable and moveable. Sneakers with ties required. |
| Acro | Acro class helps build dancers strength and flexibility while learning acrobatic skills they can utilize in dances.  | Dance clothes that are comfortable and moveable. |
| Stylized Jazz | This class focuses on different jazz styles from commercial dance to Broadway jazz.  | Form fitting dance attire such as a leotard, booty shorts, sports bra, leggings, etc., jazz shoes are required.  |
| Pointe | This class is teacher approved and is continuing education in advanced ballet.  | Pink Ballet shoes, Pink tights that go in ballet shoes, Black leotard, Hair secured neatly into bun. May wear a skirt. |
| Pointe Variations | Teacher Approved\*Will learn solo variations from classical ballets to improve upon advanced ballet/pointe technique. | Same as pointe, may wear practice tutu if dancer has one. |
| Intro Hip Hop/Acro | Mix of Acro and Hip Hop class. Optional for intro to comp dancers to add on in addition to Into to Comp technique.  | Acro attire and Hip Hop shoes |
| Intro to Comp Technique  | Dancers will be introduced to competitive level dancing in tap, ballet and jazz. | Black Ballet Attire with leggings shorts to go over Ballet, Tap, and Jazz Shoes |

**Required Classes:**

**Introduction-** Intro level students are required to take Wednesday and Thursday~

**Petite**- Required to take classes on both Wednesday and Thursday, P1=3.5 Hours / P2 4 Hours Total~

**Junior**- Required to take classes on both Monday and Thursday, Junior 1 & 2= 5.5 Hours Total~

**Teens-** Required to take classes on Tuesday, and Wednesday, 7 Hours Total~ (must pick acro Wed or TH)

**Seniors**- Required to take classes on Monday and Wednesday, 7 Hours Total~

**\*Optional Classes\* Classes will be capped at 8 Hours\***

**Pay Scale:**

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| --- | --- | --- | --- | --- |
| .5 Hour  | $40 |   | 5.5 Hours  | $190  |
| 1 Hour  | $60  |   | 6 Hours  | $205  |
| 1.5 Hours  | $90  |   | 6.5 Hours  | $220  |
| 2 Hours | $100 |  | 7 Hours | $235 |
| 2.5 Hours | $125 |  | 7.5 Hours | $250 |
| 3 Hours | $135 |   | 8 + Hours | $265 |
| 3.5 Hours | $145 |  |
| 4 Hours | $150 |  |
| 4.5 Hours | $160 |  |
|  5 Hours | $175 |  |

\*= Optional Class

Password for online enrollment LSOD