



# Leigh's School of Dance Rising Star Summer 2024-2025

\*Dancers Should enroll in all four days. Dancers new to Rising Stars only enroll in the "Intro" Classes\*

<b>Wednesday June 26th/ Monday July 1st</b>					
5:30-6:30	5-8 Intro to Rising	6:00-7:00	6-8 Leaps/Turns/Jazz	6:30-7:00	9-11 Tap
6:30-8:30	9-11 Intro to Rising	7:00-7:30	6-8 Ballet	7:00-8:00	9-11 Leaps/Turns/Jazz
		7:30-8:00	11&Up Lyrical/Contemporary	8:00-8:30	9&Up Hip Hop

<b>Thursday June 27th/ Tuesday July 2nd</b>					
5:00-6:00	9-11 Ballet	5:00-6:00	5-8 Intro to Rising	5:30-6:30	6-8 Ballet
6:00-7:00	9-11 Leaps/Turns/Jazz	6:00-6:30	11&Up Strength and Conditioning	6:30-7:00	6-8 Tap
7:00-8:30	9-11 Intro to Rising	6:30-7:00	11&Up Tap		
		7:00-8:00	11&Up Ballet		
		8:00-8:30	11&Up Leaps/Turns		

Class	Class Description:	Required Attire:
Ballet	Ballet is the foundation of dance. Students will learn proper technique, terminology, and alignment.	Pink convertible tights that go in pink canvas ballet shoes, Black leotard, and hair secured neatly into a bun. Dancers must wear ballet shoes.
Leaps, Turns, Jazz	Dancers will learn proper jazz technique for pirouettes, battements, leaps, etc. while improving strength and flexibility,	Form fitting dance attire such as a leotard, booty shorts, sports bra, leggings, etc., jazz shoes are required.
Tap	Develops rhythm, musicality, and coordination.	Dance clothes that are comfortable and moveable. Full sole tap shoes are preferred.
Strength&Conditioning	Stretch & Conditioning w/Pilates technique to elongate & strengthen muscle and core.	Tight fitting dance clothes care feet. *May bring yoga/Pilates mat if you have one*
Hip Hop	Students will learn the fundamentals of Hip Hop while focusing on isolations, footwork and different hip hop "tricks".	Dance clothes that are comfortable and moveable. Athletic shoes required.
Lyrical/Contemporary	Students will learn the proper lyrical and contemporary technique while focusing on fluidity, musicality and expressing emotion through movement.	Dance clothes that are comfortable and moveable. Jazz Shoes required.
Intro To Rising	Students will learn a combination of techniques as well as dance combinations. This class is designed to give them a taste of what it is like to be on Rising Stars	Black leotard and Pink tights. Dancers may wear a ballet skirt for ballet and black shorts for tap/jazz.  Shoes: Ballet, Jazz and Tap-may be any color for intensives  Hair: Must be in a bun

### Pricing:

2 Hours	\$115
3 Hours	\$150
3.5 Hours	\$160
4 Hours	\$170

Intro 5-8	\$115-2 Hours
Intro 9-11	\$160-3.5 Hours
6-8	\$150-3 Hours
9-11	\$170-4 Hours
11&Up	\$160-3.5 Hours

Code to Enroll	Rise25
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